



DAILY
09:00 – 21:00

SPA
Discover the hidden secrets of well being. Massages, Body & Facial Treatments... Soothe your Body and Relax Your Mind.



DAILY
08:00 – 20:00
FITNESS CENTRE
Make it a daily challenge to find ways to move your body.



DAILY
10:00 – 18:00
KIDS CLUB
Opened for kids >4. Join us for games and fun.
• No entrance fee.
• Baby sitter and some kids activities are available at extra charges.

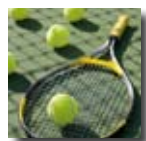
YINDEE DESK

All Excursions, sports, activities and other information can be obtained from our "Yindee desk", located in the Lobby and open every day from 08:30 until 17:30.

SPORTS & LEISURE ACTIVITIES

Inside the Hotel

- ▮ Scuba Discovery ▮ Water Basket Ball ▮ Water Aerobic ▮ Jacuzzi ▮
- ▮ Tennis ▮ Stretching & Abdominal Exercises ▮ Step Aerobic ▮
- ▮ Thai Boxing Class ▮ Pétanque ▮ Darts ▮ Ping Pong ▮
- ▮ Batik Painting ▮ Thai Cooking Class ▮ Fruit Carving ▮
- ▮ Flower Decoration ▮ Napkin Folding ▮



- Tennis courts free of charge
- Tennis racket free of charge
- Tennis ball THB 320, per can (buy at the gift shop)
- Tennis knocker THB 350, per hour

Outside the hotel

Our Novotel Phuket Resort Team has personally tried all activities and excursions offered at our Yindee desk which have been carefully selected taking in consideration safety and value for money.

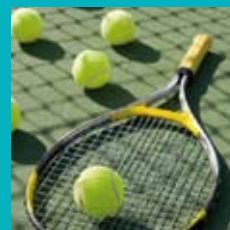
Add some "Spices" to your vacation:

- ▮ Sea Canoe ▮ Elephant Trekking ▮ Visit to Phang Nga Bay ▮
- ▮ Golfing ▮ Scuba Discovery ▮ Diving and Snorkeling Trip ▮
- ▮ Excursion to Phi Phi Island ▮ Phuket Fantasea Culture Park ▮
- ▮ And many more...
- All excursions must be booked at least one day in advance.
- Cancellation policy apply – Thank you for your understanding.

Novotel Phuket Resort



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Activities Program

Novotel Phuket Resort | Activities Program

ALL ACTIVITIES CAN BE BOOKED AT YINDEE DESK OR SIMPLY DIAL EXT. 4 FROM YOUR ROOM, PLEASE BE ADVISED THAT BOOKING ONE DAY IN ADVANCE IS REQUIRED.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
08:00	TENNIS LESSON • Meet at Tennis Court	TENNIS LESSON • Meet at Tennis Court	TENNIS LESSON • Meet at Tennis Court	TENNIS LESSON • Meet at Tennis Court	TENNIS LESSON • Meet at Tennis Court	TENNIS LESSON • Meet at Tennis Court	TENNIS LESSON • Meet at Tennis Court	08:00
09:00	BODY STRETCH • Meet at Health Club	BODY STRETCH • Meet at Health Club	BODY STRETCH • Meet at Health Club	BODY STRETCH • Meet at Health Club	BODY STRETCH • Meet at Health Club	BODY STRETCH • Meet at Health Club	BODY STRETCH • Meet at Health Club	09:00
10:00	HOTEL ORIENTATION • Meet at the Lobby	HOTEL ORIENTATION • Meet at the Lobby	HOTEL ORIENTATION • Meet at the Lobby	HOTEL ORIENTATION • Meet at the Lobby	HOTEL ORIENTATION • Meet at the Lobby	HOTEL ORIENTATION • Meet at the Lobby	HOTEL ORIENTATION • Meet at the Lobby	10:00
11:30	AQUA EXERCISE • Meet at the 3rd Level Pool	AQUA EXERCISE • Meet at the 3rd Level Pool	AQUA EXERCISE • Meet at the 3rd Level Pool	AQUA EXERCISE • Meet at the 3rd Level Pool	AQUA EXERCISE • Meet at the 3rd Level Pool	AQUA EXERCISE • Meet at the 3rd Level Pool	AQUA EXERCISE • Meet at the 3rd Level Pool	11:30
13:00	POOL GAMES • Meet at the 3rd Level Pool	POOL GAMES • Meet at the 3rd Level Pool	POOL GAMES • Meet at the 3rd Level Pool	POOL GAMES • Meet at the 3rd Level Pool	POOL GAMES • Meet at the 3rd Level Pool	POOL GAMES • Meet at the 3rd Level Pool	POOL GAMES • Meet at the 3rd Level Pool	13:00
14:00	BATIK PAINTING The Paint-on is an easier method of batik, especially for beginners, allowing great variations of color and shade without having to master the complicated blending of successive layers of color. • At extra cost • Meet at Health Club	THAI COOKING CLASS Learn the secrets of the delicious Thai cuisine. • Meet at Ruen Thong	BATIK PAINTING The Paint-on is an easier method of batik, especially for beginners, allowing great variations of color and shade without having to master the complicated blending of successive layers of color. • At extra cost • Meet at Health Club	FLOWER DECORATON Learn the basics of this exceptional art. • Meet at the Pool Hut	BATIK PAINTING The Paint-on is an easier method of batik, especially for beginners, allowing great variations of color and shade without having to master the complicated blending of successive layers of color. • At extra cost • Meet at Health Club	FRUIT CARVING One particularly delightful aspect of Thai cuisine and the reflection of a more leisured age is the art of carving fruit. Learn how an ordinary papaya or pumpkin is turned into a bouquet of flowers or a rare orchid. • Meet at Pool Hut	NAPKIN FOLDING Discover the secret technique of napkin folding. • Meet at Pool Hut	14:00
14:30	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at the 3rd Level Pool	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at the 3rd Level Pool	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at the 3rd Level Pool	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at the 3rd Level Pool	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at Health Club	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at Pool Hut	SCUBA DISCOVERY Our certified PADI Instructor will initiate you to the pleasure of under water "Breathing". • Meet at the 3rd Level Pool	14:30
15:30	DART GAME • Meet at the Pool Hut	PING PONG TOURNAMENT • Meet at the Pool Hut	PETANQUE • Meet at Health Club	DART GAME • Meet at the Pool Hut	PING PONG TOURNAMENT • Meet at the Pool Hut	PETANQUE • Meet at Health Club	DART GAME • Meet at the Pool Hut	15:30
16h30	THAI BOXING The country's national sport is "The Art of Eight Limbs", as the hands, knees, shins, and elbows are all used. • Meet at Health Club	STEP AEROBIC A great workout combining cardio & strength training to burn fat, shape and tone, and build muscles. • Meet at Health Club	THAI BOXING The country's national sport is "The Art of Eight Limbs", as the hands, knees, shins, and elbows are all used. • Meet at Health Club	STEP AEROBIC A great workout combining cardio & strength training to burn fat, shape and tone, and build muscles. • Meet at Health Club	THAI BOXING The country's national sport is "The Art of Eight Limbs", as the hands, knees, shins, and elbows are all used. • Meet at Health Club	STEP AEROBIC A great workout combining cardio & strength training to burn fat, shape and tone, and build muscles. • Meet at Health Club	THAI BOXING The country's national sport is "The Art of Eight Limbs", as the hands, knees, shins, and elbows are all used. • Meet at Health Club	16h30

Coffee House Restaurant | Theme Night Buffets

From 18:30 to 22:00	Italian Buffet  Join us for a fantastic and delicate travel around Italy... Buon appetito!	Seafood Buffet  Don't miss Phuket real flavor. Join us for our fantastic seafood from the Andaman Sea.	Spit Roast Buffet  Our spit roast provide beautiful juicy meat for you to enjoy in all the flavour.	Mexican Buffet  Indulge yourself with the best recipes from Mexico expertly prepared by our kitchen team just for you.	Seafood Buffet  Don't miss Phuket real flavor. Join us for our fantastic seafood from the Andaman Sea.	Thai Buffet  Spice up your life with our superb Thai buffet and discover the real taste of the kingdom.	BBQ Buffet  Don't end up the week without having a taste of our great barbecue buffet.	From 18:30 to 22:00